

PRE-CONFERENCE

Thursday, 14th March, 2019

VENUE: Regent Plaza Hotel, Karachi

WORKSHOPS

08:00 am – 11:00 am

Coronet Hall

08:00 am – 09:00 am

Registration

09:00 am – 10:00 am

**Workshop on Soft Tissues & Intraarticular Injection
Technique (Live Demonstration)**

Dr. Wajahat Aziz (Pakistan)

Fee: Rs. 5,000/-

10:00 am – 11:00 am

Workshop on Approach to a Patient with Joint Pain

Dr. Lubna Nazir (Pakistan), Dr. Hamza Alam (Pakistan)

HUMANIZING HEALTHCARE

11:00 am – 01:15 pm

Coronet Hall

11:00 am – 12:00 pm

Patient Centric Connected Care - 21st Century Healthcare Model

Dr. Zakiuddin Ahmed (Pakistan)

12:00 pm – 01:00 pm

The Psychospiritual Basis of Diseases

Dr. Abdallah Rothman (United Arab Emirates)

01:00 pm – 01:15 pm

Question & Answer

LUNCH/PRAAYER BREAK

01:15 pm – 02:00 pm

Role of IL-6 in Rheumatic Diseases

02:00 pm – 03:15 pm

PUBLIC AWARENESS PROGRAM

04:00 pm – 06:00 pm

Kohinoor Hall

04:00 pm – 04:15 pm

Registration (Free of Cost)

04:15 pm – 04:20 pm

Recitation of Holy Quran

04:20 pm – 04:35 pm

Welcome Address and Introduction of PSR

Dr. Samina Ghzanavi

04:35 pm – 04:55 pm

Introduction to Rheumatic Diseases

04:55 pm – 05:25 pm

Question and Answer Session

05:25 pm – 05:35 pm

Closing Remarks

Prof. Shakil Baig

05:35 pm – 06:00 pm

Refreshment

Conference Secretariat

Plot No. 1-2, 11-B, Block 2 Nazimabad,
Karachi, Sindh, Pakistan

Phone: +92-21-36707070, 03312494155

Email & Website Address

www.23psrconference.com
23psrconference@gmail.com

PSR Head Office

Office: s-33, 2nd Floor, Shadman
Mall, 49 Shadman Market, Lahore

Phone: +92-42-35468592

RHEUMATOLOGY REVIEW COURSE

Friday, 15th March 2019

VENUE: Regent Plaza Hotel, Karachi (Crown-B)

08:30 am – 09:00 am	Registration	30 mins
09:00 am – 09:25 am	Updates on Rheumatoid Arthritis Management Dr. Kamran Hameed (Tanzania)	25 mins
09:25 am – 09:50 am	Scleroderma Dr. Beena Hameed (United Arab Emirates)	25 mins
09:50 am – 10:15 am	Osteoarthritis (Platelet Rich Plasma + Stem Cells) Dr. Terence Gibson (United Kingdom)	25 mins
10:15 am – 10:40 am	CNS Vasculitis Dr. Nighat Mir (Pakistan)	25 mins
10:40 am – 11:05 am	Rheumatic Fever – ‘To Be or Not To Be’ Prof. Muhammad Asim Khan (United States of America)	25 mins
11:05 am – 11:20 am	Question and Answer Session	15 mins
TEA BREAK 11:20 am - 11:35 am		
11:35 am – 12:00 pm	Lupus Mimics Dr. Aisha Lateef (Singapore)	25 mins
12:00 pm – 12:40 pm	Juvenile Idiopathic Arthritis-JIA Dr. Betina Rogalski (Germany)	40 mins
12:40 pm – 01:05 pm	Cardiovascular Risk in Rheumatic Diseases Dr. Tore K. Kvien (Norway)	25 mins
01:05 pm – 01:30 pm	Dermatological Manifestations of Rheumatic Diseases Dr. Sadia Tabassum (Pakistan)	25 mins
PRAYER BREAK 01:35 pm – 02:00 pm		LUNCH 02:00 pm – 02:20 pm
Update on RA Management special focus on DMARDS 02:20 pm – 03:00 pm		
03:00 pm – 03:25 pm	Basic Musculoskeletal Radiology Dr. Kashif Shazlee (Pakistan)	25 mins
03:25 pm – 03:50 pm	Pitfalls in the Management of Rheumatic Diseases (Do's and Don't of Investigations & Treatment) Dr. Tajvur Parveen Saber (Pakistan)	25 mins
03:50 pm – 04:15 pm	Immunological Tests: How to Interpret Dr. Brig. Tahir Aziz Ahmed (Pakistan)	25 mins
04:15 pm – 04:40 pm	Vitamin D & Bone Health Dr. Ira Pande (United Kingdom)	25 mins
04:40 pm – 04:55 pm	Question and Answer Session	15 mins

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SCIENTIFIC SESSIONS

Saturday 16th March, 2019

VENUE: Regent Plaza Hotel, Karachi

SESSION 1

08:30 am – 10:45 am
Kohinoor Hall

08:30 am – 09:00 am	Role of Biosimilar in Management of Rheumatic Diseases Dr. Tore K. Kvien (Norway)	30 mins
09:00 am – 09:30 am	Neuropsychiatric Systemic lupus Erythromatosis Dr. Sargunan Sockalingam (Malaysia)	30 mins
09:30 am – 10:00 am	Osteoporosis Dr. Ira Pande (United Kingdom)	30 mins
10:00 am - 10:30 am	Pregnancy in Rheumatic Diseases Dr. Aisha Lateef (Singapore)	30 mins
10:30 am – 10:45 am	Question Answer Session	15 mins

TEA BREAK

10:45 am – 11:15 am

SESSION 2

11:15 am – 01:00 pm
Kohinoor Hall

11:15 am – 11:45 am	Non-radiographic Axial Spondyloarthritis (nr-axSpA) Prof. Muhammad Asim Khan (United States of America)	30 mins
11:45 am – 12:15 pm	Treat to Target Ankylosing Spondylitis Prof. James Cheng-Chung Wei (Taiwan)	30 mins
12:15 pm – 12:45 pm	Myalgias Interactive Case Based Dr. John Axford (United Kingdom)	30 mins
12:45 pm – 01:00am	Question Answer Session	15 mins

LUNCH / PRAYER BREAK/ INDUSTRIAL SYMPOSIA

01:00 pm - 02:00 pm

01:20 pm – 02:00 pm	Cosentyx in the management of Axial SpA. Clinical Trials to Real World Data Dr. Hassan Tahir (UK)	40 mins
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PARALLEL SESSIONS

02:00 pm – 04:20 pm

SESSION 3A (Kohinoor Hall)			SESSION 3B (Crown-B)		
02:00 pm – 02:25 pm	Health Assessment in Rheumatoid Arthritis Dr. Kamran Hameed (Tanzania)	25 mins	02:00 pm – 02:25 pm	Eye – ‘A Window in Rheumatology’ Dr. Syeda Aisha Bokhari (Pakistan)	25 mins
02:25 pm – 02:50 pm	Improving Outcome in Rheumatoid Arthritis- RA Dr. Beena Hameed (United Arab)	25 mins	02:25 pm – 02:50 pm	Rehabilitation Dr. Nabila Soomro (Pakistan)	25 mins

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	Emirates)				
02:50 pm – 03:15 pm	SLE Pathogenesis Dr. Sarfaraz Hasni (United States of America)	25 mins	02:50 pm – 03:15 pm	The Radiology-Rheumatology case reviews Dr. Khalid Latief (UK)	25 mins
03:15 pm – 03:40 pm	Lupus Nephritis Dr. Mohammad Saeed (Pakistan)	25 mins	03:15 pm – 03:40 pm	Clinical Significance of Immunology Labs + Technique Prof. Gulnaz Khalid (Pakistan)	25 mins
03:40 pm – 04:05 pm	Juvenile Dermatomyositis Dr. Betina Rogalski (Germany)	25 mins	03:40 pm – 04:05 pm	Adult Vaccination	25 mins

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SCIENTIFIC SESSIONS

Sunday 17th March, 2019

VENUE: Regent Plaza Hotel, Karachi

08:00 am – 09:00 am Oral Presentation (by fellows) 60 mins

PLENARY SESSIONS

09:00 am – 11:00 am

Kohinoor Hall

09:00 am - 09:30 am	Curing RA Dr. John Axford (United Kingdom)	30 mins
09:30 am -10:00 am	Vasculitis Update Prof. Sami Salman (Iraq)	30 mins
10:00 am -10:30 am	Asymptomatic Hyperuricemia Treat or Not to Treat Dr. Terence Gibson (United Kingdom)	30 mins
10:30 am -11:00 am	Catastrophic Antiphospholipid Antibody Syndrome (CAPS) Dr. Ahmed Saeed (Pakistan)	30 mins

TEA BREAK / POSTERS

11:00 am -11:30 am

PARALLEL SESSIONS

11:30 am – 02:10 pm

SESSION 4A (Kohinoor Hall)			SESSION 4B (Crown-B)		
11:30 am – 11:55 am	Macrophage Activation Syndrome (MAS) Dr. Saira Khan (Pakistan)	25 mins	11:30 am – 11:55 am	Sjogren's Disease Dr. Tajvur Parveen Saber (Pakistan)	25 mins
11:55 am – 12:20 pm	Behcet's Syndrome Prof. Sami Salman (Iraq)	25 mins	11:55 am – 12:20 pm	Adult Onset Still's Disease Dr. Masroor Ahmed (UK)	25 mins
12:20 pm – 12:45 pm	Undifferentiated Connective-Tissue Disease (UCTD) Dr. Sargunan Sockalingam (Malaysia)	25 mins	12:20 pm – 12:45 pm	Psoriatic Arthritis Dr. Muhammad Haroon (Pakistan)	25 mins
12:45 pm – 01:10 pm	Nailfold Capillaroscopy Dr. Khalid Ali Khan (UAE)	25 mins	12:45 pm – 01:10 pm	Ultrasound Evaluation in Rheumatic Disease Dr. Khizer Aziz Rana (UK)	25 mins
01:10 pm – 01:20 pm	Question Answer Session	10 mins	01:10 pm – 01:20 pm	Question Answer Session	10 mins

LUNCH / PRAYER BREAK

01:20 pm - 02:30 pm

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PARALLEL SESSIONS

02:20 pm – 03:55 pm

SESSION 5A (Kohinoor Hall)			SESSION 5B (Crown-B)		
02:30 pm – 02:55 pm	IgG4 Related Diseases Prof. Sami Salman (Iraq)	25 mins	02:30 pm – 02:55 pm	Approach to a Patient with Backache Dr. Hassan Tahir (UK)	25 mins
02:55 pm – 03:20 pm	ILD in CTD Dr. Masroor Ahmed (UK)	25 mins	02:55 pm – 03:20 pm	Curbside Consults Dr. Raza Jaffery (USA)	25 mins
03:20 pm – 03:45 pm	Juvenile Systemic lupus Erythromatosis Dr. Sumaira Farman (Pakistan)	25 mins	03:20 pm – 03:45 pm	Periodic Fever Syndrome Prof. Abid Farooqi (Pakistan)	25 mins
03:45 pm – 03:55 pm	Question Answer Session	10 mins	03:45 pm – 03:55 pm	Question Answer Session	10 mins

CLOSING CEREMONY

Kohinoor Hall
03:55 pm -

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